

About Jenny:

Jenny's many years working with people in the health and wellness sector have provided Jenny a unique perspective and experience into the precious journey of life. Having completed the End-of-Life Doula training has further increased, Jenny's belief about the importance of dying with dignity and the right to access choices at the end of life.

Jenny's goal is to bring grace and compassion to the cycle of life by planning for it and closing any loose ends. Her clients find a level of peace that their end-of-life wishes are known, and their loved ones are supported after they are gone.

BBiomedSC, Principal of Jenny Wren Wellness (The Journey - End of Life Doula), Funeral Celebrant, Nutritionist, Sound & Meditation Practitioner, Reiki & Pranic Healer

Contact:

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Call Jenny today!



JENNY WREN
WELLNESS

End Of Life Doula
&
Funeral Celebrant



Services Available

- Phone consultation and support
- Family support
- Personal one on one support
- Advance medical care directives
- Vigil support
- Legacy support
- Living wakes/life celebrations
- Appointment transport
- Coordination of all services and care
- Support 'after passing' care and needs
- Liaison with medical and other involved
- Compassionate support for family and friends
- Sound therapy
- Funeral Celebrant

Pet Doula

A Pet End-Of-life Doula is a non-medical person trained to emotionally & educationally support pet families during their pet's last phase of life.

End-of-life is more than just going through the motions or rushing through an appointment - it can special and meaningful. Jenny will guide you in creating "the best worst day" or the best possible 24 hours prior to your beloved pets death. We will go over the little details - ones that are not usually thought about or forgotten. We can also talk about aftercare options and resources in your area.

Doula Services

What does an End of Life Doula do?

End of Life Doula Services is for when someone you care about has received a life limiting diagnosis or is at the end of their life it can be a very challenging, complex and confusing time. There is assistance available - The Journey - End of Life Doula.

A Doula can assist the 'traveller' and their friends/family members through the end-of- life journey by: assisting in making the 'journey' and death an intimate, spiritual and peaceful experience for everyone involved.

- support and advocate for the needs and wishes of the 'traveller' and their family throughout all the stages of end of life transition
- support planning for death, taking into account changing needs. Including assistance with organisation of various legal document and advance care directives.
- support the rights of all involved to choose and end of life that is meaningful to them and consistent with their belief system and values.
- support emotional and spiritually, or facilitate access to specialists who can do so.